

# How to use EpiPen® and EpiPen Jr® Auto-Injectors

Remove the EpiPen® Auto-Injector from the carrier tube and follow these 2 simple steps:

1

**Blue**  
to the sky



2

**Orange**  
to the thigh



- Grasp with orange tip pointing downward
- Remove blue safety cap by pulling straight up – do not bend or twist
- Place the orange tip against the middle of the outer thigh
- Swing and push the auto-injector firmly into the thigh until it “clicks”
- Hold in place for 3 full seconds

**After using EpiPen®, you must seek immediate medical attention or go to the emergency room. For the next 48 hours, you must stay close to a healthcare facility or be able to call 911.**



Scan the code to access the EpiPen® Video Gallery, including a video on how to use EpiPen®



Trusted for over 35 years.

# Be informed. Be prepared.



## Visit [EpiPen.ca](https://www.epipen.ca)

- Learn about when and how to use your EpiPen® Auto-Injector
- Order **FREE** EpiPen® waistpacks, training kits and more
- Sign up for **FREE** EpiPen® expiration reminders
- Browse the EpiPen® video gallery and FAQs



## Additional Resources

- Food Allergy Canada: [foodallergycanada.ca](https://www.foodallergycanada.ca)
- Allergy, Asthma & Immunology Society of Ontario: [allergyasthma.on.ca](https://www.allergyasthma.on.ca)
- Allergies Québec: [allergies-alimentaires.org](https://www.allergies-alimentaires.org)
- The Association of Allergists and Immunologists of Québec: [allerg.qc.ca](https://www.allerg.qc.ca)

EpiPen® and EpiPen Jr® (epinephrine) Auto-Injectors are indicated for the emergency treatment of anaphylactic reactions in patients who are determined to be at increased risk for anaphylaxis, including individuals with a history of anaphylactic reactions. Selection of the appropriate dosage strength is determined according to patient body weight.

EpiPen® and EpiPen Jr® Auto-Injectors are designed as emergency supportive therapy only. They are not a replacement for subsequent medical or hospital care. After administration, patients should seek medical attention immediately or go to the emergency room. For the next 48 hours, patients must stay within close proximity to a healthcare facility or where they can call 911. To ensure this product is right for you, always read and follow the label. Please consult the Consumer Information leaflet in your product package for warnings and precautions, side effects, and complete dosing and administration instructions.

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